

BREADS & STARTERS

| | M | V |
|--|----|----|
| GARLIC BREAD (V) | 8 | 9 |
| BRUSCHETTA (V) | 14 | 15 |
| With caramel balsamic | | |
| BOWL OF WINGS | 19 | 20 |
| Choice of: | | |
| - Franks hot sauce and ranch dressing | | |
| - Naked wings with smoked chilli aioli | | |
| - Spicy Szechuan and shallot | | |
| - Smokey BBQ and bourbon glaze | | |
| SALT & PEPPER SQUID (I) | 18 | 19 |
| Soy and ginger dipping sauce, Szechuan salt and lemon | | |
| BEER BATTERED PRAWN CUTLETS (I) | 20 | 22 |
| With house made sweet chilli | | |
| HALOUMI CHIPS | 18 | 20 |
| With za'atar, aioli | | |
| WEDGES | 14 | 15 |
| With sour cream, sweet chilli sauce | | |
| SWEET POTATO CHIPS | 14 | 15 |
| With aioli | | |
| BOWL OF CHIPS | 9 | 10 |
| SAUTÉED GARLIC PRAWNS (I, GF) | 20 | 22 |
| Sautéed garlic prawns with a cream reduction, shallots and jasmine rice | | |
| FAVOURITES | M | V |
| CHICKEN SCHNITZEL | 26 | 28 |
| Panko crumbed breast schnitzel with your choice of sauce (GF option available) | | |
| ADD boscaiola sauce 6 | | |
| VEGETARIAN SCHNITZEL (GF) | 20 | 22 |
| Can be made vegan on request | | |
| CHICKEN BOSCAIOLA (GF) | 30 | 32 |
| Grilled chicken breast, sautéed bacon, mushrooms, shallots, creamy white wine sauce | | |
| GARLIC PRAWNS (GF) | 30 | 32 |
| Sautéed garlic prawns with a cream reduction, shallots, jasmine rice | | |
| CRUMBED LAMB CUTLETS | 39 | 41 |
| 4 southern prime crumbed lamb cutlets with gravy | | |
| BBQ PORK SPARE RIBS (GF) | 35 | 37 |
| Tender, juicy spare ribs lathered in Mike's famous BBQ sauce | | |
| ROAST OF THE DAY (GF) | 22 | 24 |
| With seasonal vegetables, roast potato, pumpkin, gravy | | |



BURGERS

M V

SERVED WITH CHIPS

| | | |
|---|----|----|
| PERI-PERI CHICKEN BURGER | 20 | 22 |
| Marinated chicken breast, lettuce, tomato, BBQ onion and smoked chilli aioli | | |
| CHICKEN SCHNITZEL BURGER | 20 | 22 |
| Chicken breast schnitzel, lettuce, tomato, BBQ onions and lemon dill aioli | | |
| THE BOWLO BEEF BURGER | 20 | 22 |
| 120g beef Patty, lettuce, cheese, pickles, burger sauce Add extra patty 5 | | |
| VEGETARIAN BURGER (V) | 20 | 22 |
| Plant based patty, cheese, lettuce, pickles, onion, yellow mustard, tomato ketchup | | |
| STEAK SANDWICH | 22 | 24 |
| 120g tenderised rump, lettuce, tomato, BBQ onions and BBQ sauce on sourdough | | |

PIZZAS

M V

11 INCH BASE WITH TOMATO BASE AND MOZZARELLA GLUTEN FREE BASE +3

| | | |
|--|----|----|
| HAWAIIAN | 20 | 22 |
| Ham, pineapple, cheese | | |
| PEPPERONI | 20 | 22 |
| Pepperoni, cheese | | |
| FUNGI VEGO | 20 | 22 |
| Roasted garlic confit bechamel white base, portobello and button mushrooms, garlic and thyme | | |
| SUPER SUPREME | 25 | 27 |
| Pepperoni, bacon, ham, beef mince, onion, capsicum, mushroom, olives, capers, oregano | | |
| MORROCAN LAMB | 22 | 24 |
| Moroccan spiced lamb mince, coriander salsa, guacamole, sour cream | | |
| PERI PERI CHICKEN | 22 | 24 |
| Peri peri chicken, bacon, capsicum, spanish onion, chilli aioli, shallots | | |
| BBQ MEAT LOVERS | 24 | 26 |
| Minced beef, bacon, ham, pepperoni, BBQ sauce | | |
| CHILI PRAWN & CHORIZO PIZZA (I) | 24 | 26 |
| Chilli napolitana, prawn, chorizo, Spanish onion, cherry tomatoes, spinach and shallot | | |

BURGER ADD ONS

Bacon 4 | Egg 2 | Cheese 1 | Beetroot relish 1

NACHOS

M V

SERVED WITH TOASTED CORN CHIPS, TASTY CHEESE, SOUR CREAM, GUACAMOLE AND CORIANDER SALSA

| | | |
|-------------------------------|----|----|
| 3 BEAN VEGETARIAN NACHOS (GF) | 20 | 22 |
| PULLED PORK (GF) | 22 | 24 |

PARMYS

M V

CRUMBED CHICKEN BREAST SCHNITZEL WITH YOUR CHOICE OF TOPPING

| | | |
|--|----|----|
| TRADITIONAL | 30 | 32 |
| Sliced ham, mozzarella, napolitana sauce | | |

| | | |
|--|----|----|
| THREE CHEESE | 30 | 32 |
| Mozzarella, feta, parmesan, crispy bacon, napolitana sauce | | |

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| VEGETARIAN (V) (GF) | 30 | 32 |
| Vegetarian schnitzel, spinach, napolitana sauce, mozzarella | | |

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| BOWLO | 30 | 32 |
| Bolognese sauce, mozzarella | | |

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| BBQ | 30 | 32 |
| Grilled bacon, smokey BBQ sauce, mozzarella | | |

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| AVOCADO & BACON | 30 | 32 |
| Grilled bacon, avocado, mozzarella | | |

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|---|----|----|
| MEXICAN | 32 | 34 |
| Minced Mexican spiced beef, mozzarella, jalapenos, sour cream and guacamole | | |

| | | |
|---|----|----|
| HAWAIIAN | 30 | 32 |
| Ham, pineapple, napolitana, mozzarella, | | |

| | | |
|---|----|----|
| GRILLED (GF) | 30 | 32 |
| Choose any parmy as above on grilled chicken breast | | |

FROM THE GRILL

M V

YOUR CHOICE OF SAUCE MUSHROOM,
PEPPER, DIANE, GRAVY (GF)

| | | |
|---|----|----|
| RUMP (GF) 250g Grainge | 32 | 34 |
| NEW YORK (GF) 300g Southern Prime | 40 | 42 |
| SURF & TURF (GF) 250g rump topped with creamy garlic prawns | 42 | 44 |
| 400g T-BONE (GF) Riverina | 48 | 50 |
| LAMB SOUVLAKI with pita bread, tzatziki | 34 | 36 |
| PORTUGUESE CHICKEN BREAST With smoked chilli aioli | 26 | 28 |

PASTA

M V

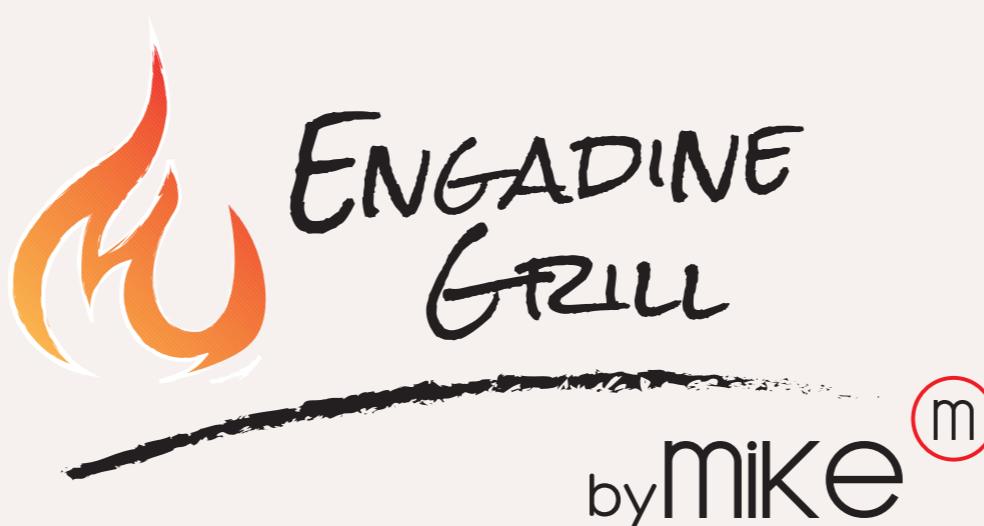
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|---|----|----|
| SPAGHETTINI (I) with sautéed tiger prawns, calamari, garlic, chilli, soy, shallot | 32 | 34 |
| RIGATONI BOSCAIOLA bacon, mushroom, shallot and cream sauce | 24 | 26 |
| SPAGHETTINI BOLOGNAISE beef and pork bolognase | 22 | 24 |
| CHILLI PRAWN SPAGHETTINI (I) cherry tomatoes, garlic oil, baby spinach, chilli, napolitana sauce | 32 | 34 |
| RIGATONI VEGO cherry tomatoes, mushrooms, cream rose sauce and baby spinach | 23 | 25 |

PASTA ADD ONS

Roasted chicken breast 6 | Grilled prawns (I) 12

ADD ONS

| | |
|---------------------------------------|----|
| BOWL OF VEGETABLES (GF) | 8 |
| SIDE OF MASH POTATO (GF) | 3 |
| CREAMY GARLIC PRAWNS (5) (GF) | 12 |
| BOSCAIOLA SAUCE (GF) | 6 |
| CHILLI OR PLAIN AIOLI (GF) | 1 |
| PEPPER, MUSHROOM, DIANE OR GRAVY (GF) | 2 |



SPECIALS

SPECIALS NOT AVAILABLE ON PUBLIC
HOLIDAYS OR SPECIAL EVENT DAYS

MONDAY - FRIDAY LUNCH

BEEF BURGER 12
SCHNITZEL CHIPS, SALAD & GRAVY 20

MONDAY SCHNITZEL NIGHT 20
Chicken schnitzel, chips, salad and gravy

TUESDAY STEAK NIGHT 24
250g rump, chips, salad and gravy

WEDNESDAY ROAST NIGHT (GF) 16
Roast pork with seasonal vegetables,
roast potato, pumpkin and gravy

THURSDAY PARMY NIGHT 22
Traditional chicken parmy, chips and salad

FROM THE WOK

M V

VEGETABLE & HOKKIEN NOODLES 23 25
choice of:
- Spicy szechuan and shallot
- Coriander, peanut and pesto

MIXED VEG STIR FRY (GF) 21 23
mixed veg, chilli, garlic, shallot,
oyster sauce, five spice
and jasmine rice

WOK ADD ONS

Chicken 6 | Prawns (I) 12

FROM THE OCEAN

M V

GRILLED QLD BARRAMUNDI (GF) 33 35
With tartare sauce, lemon

CRUMBED CALAMARI (I) 30 32
With aioli, lemon

SALT & PEPPER TIGER PRAWNS (GF/I) 30 32
With sweet soy dipping sauce

BEER BATTERED NZ HOKI 26 28
With tartare sauce, lemon

FISHERMAN'S PLATE (I) 30 32
Beer battered fish, prawns, crumbed
calamari, tartare sauce, lemon

SESAME SALMON (GF/I) 35 37
With nam jhim sauce

THAI PRAWN CURRY (I) 30 32
With jasmine rice and bok choy

SENIORS

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|----------------------------------|----|
| BEER BATTERED FISH & CHIPS (I) | 16 |
| With salad, tartare sauce, lemon | |
| HALF CHICKEN SCHNITZEL | 16 |
| With chips, salad, gravy | |
| GRILLED FISH & CHIPS (I) | 18 |
| With salad, tartare sauce, lemon | |
| MINUTE STEAK & CHIPS | 16 |
| With salad, gravy | |
| CRUMBED CALAMARI & CHIPS (I) | 16 |
| With salad, tartare sauce, lemon | |
| BEEF BURGER | 16 |
| With BBQ sauce, chips | |
| SPAGHETTINI | 16 |
| Beef and pork bolognase | |

SALADS

M V

BOWLO SALAD (V) (GF) 20 22
Mixed lettuce, cherry tomato, cucumber,
caramelised spanish onion, roasted sweet
potato, persian feta with smoked chilli aioli

CAESAR SALAD 20 22
Cos lettuce, bacon, parmesan,
croutons, caesar dressing

ROAST BEETROOT
& PUMPKIN SALAD (GF/V) 20 22
Poached pear, caramel palm sugar
vinaigrette, persian feta

SALAD ADD ONS
Roasted chicken breast 6 | Grilled prawns (I) 12

KIDS

SERVED WITH CHIPS

| | |
|-------------------------------|---------------------------|
| CHEESEBURGER | BATTERED FISH & CHIPS (I) |
| Beef, cheese, tomato sauce | MINUTE STEAK |
| CHICKEN NUGGETS | SPAGHETTINI BOLOGNAISE |
| CHICKEN SCHNITZEL | SCHNITZEL BURGER |
| CRUMBED CALAMARI (I) | Lettuce, aioli |

All meals
\$12

Kids Eat Free

MONDAY AND TUESDAY NIGHTS

1 FREE kids meal only
with the purchase of
a main meal over **\$22**
Served with chips (or veggies on request)
12 yrs and under