



PRICES \$  
members / guests

please order and  
pay at the counter

## BREADS AND STARTERS

**garlic bread (v)** 8

**garlic bread with sweet chilli and cheese (v)** 10

**four cheese and chive**

tasty, cheddar, mozzarella, and gruyere **(v)** 13

**bruschetta** with caramel balsamic **(v)** 13

**bowl of wings** 19/20 Choice of:

- franks hot sauce and ranch dressing
- naked wings with smoked chilli aioli

**beer battered prawn cutlets** with home made sweet chilli 20/21

**wedges** with sour cream and sweet chilli sauce 13/14

**sweet potato chips** with aioli 14/15

**bowl of chips** 9

## NACHOS

toasted corn chips, tasty cheese, sour cream, guacamole and coriander salsa

**beef nachos (Gf)** 21/22

**3 bean vegetarian nachos (Gf)** 20/21

## SALADS

**add roasted chicken breast 6 | add grilled prawns 12**

**bowlo salad 16/17** - mixed lettuce, cherry tomato, cucumber, caramelised spanish onion, roasted sweet potato, persian feta with smoked chilli aioli **(Gf, v)**

**caesar salad 18/19** - cos lettuce, bacon, parmesan, croutons, caesar dressing

**roast beetroot and pumpkin salad 16/17** - mixed leaves, cucumber, persian feta, caramel balsamic

## BURGERS

**all served with chips**

**add bacon \$4, egg \$2, cheese \$2, beetroot relish \$1**

**cheese burger 18/19**

120g beef patty, double cheese, pickles, onions, yellow mustard, tomato ketchup

**steak burger 18/19**

lettuce, tomato, bbq onion, beetroot relish, aioli

**portuguese chicken burger 18/19**

grilled portuguese chicken breast, smoked chilli aioli, lettuce, tomato, bbq onion

**chicken schnitzel burger 18/19**

homemade breast schnitzel, lemon dill aioli, lettuce, tomato, bbq onion

**the bowlo mac burger 18/19 single 22/24 double**

120g beef pattie, crispy cos, double cheese, special sauce

**vegetarian burger 17/18**

plant base patty, double cheese, pickles, onion, yellow mustard, tomato ketchup

## FAVOURITES

**chicken schnitzel**

homemade crumbed breast schnitzel with your choice of sauce 24/26  
add boscaiola sauce 6

**gluten free chicken schnitzel**

homemade crumbed breast schnitzel with your choice of sauce **(Gf)** 24/26

**vegetarian schnitzel (Gf)**

can be made vegan on request 20/22

**chicken boscaiola**

grilled chicken breast, sautéed bacon, mushrooms, shallots and creamy white wine sauce **(Gf)** 27/29

**garlic prawns**

sautéed garlic prawns with a cream reduction, shallots and jasmine rice **(Gf)** 27/29

**crumbed lamb cutlets**

3 southern prime crumbed lamb cutlets with gravy 34/36

## PARMYS

**crumbed chicken breast schnitzel with your choice of topping**

**traditional**

sliced ham, mozzarella and napolitana sauce 28/30

**four cheese**

tasty, mozzarella, feta, parmesan, crispy bacon and napolitana sauce 28/30

**mexican**

mexican spiced beef, mozzarella, jalapeños, sour cream and guacamole 30/32

**vegetarian**

veg schnitzel, spinach, napolitana sauce and mozzarella **(V) (Gf)** 28/30

**bowlo**

bolognaise sauce and mozzarella 28/30

**bbq**

grilled bacon, smokey bbq sauce, tasty cheese 28/30

**grilled**

choose any parmy as above on grilled chicken breast **(Gf)** 28/30



PRICES \$  
members / guests

please order and  
pay at the counter

## FROM THE OCEAN

**grilled queensland barramundi (Gf)** with lemon dill sauce 30/32  
**crumbed calamari** with aioli and lemon 27/29  
**salt and pepper tiger prawns** with sweet soy dipping sauce 27/29  
**beer battered NZ hokki** with tartare sauce and lemon 24/26  
**fisherman's plate** beer battered fish, prawns, crumbed calamari, tartare sauce and lemon 27/29

## FROM THE WOK

**Add chicken 6 | Add prawns 12**

**mixed veg stirfry** chilli, garlic, shallot, oyster sauce, five spice and jasmine rice 20/22  
**hokkien noodle stirfry** mixed veg, sesame, ginger and soy 22/24

## FROM THE GRILL

**with your choice of sauce mushroom, pepper, dianne, gravy**

**rump** 250g grainge (Gf) 28/30  
**new york** 300g southern prime (Gf) 40/42  
**eye fillet** 250g southern prime beef tenderloin (Gf) 46/48  
**surf and turf** 250g rump topped with creamy garlic prawns 38/40

## PASTA

**add roasted chicken breast 6**  
**add grilled prawns 12**

**spaghetti boscaiola**  
bacon, mushroom, garlic, shallot and cream sauce 23/25

**spaghetti bolognese**  
beef and pork bolognese 20/22

**chili prawn linguine**  
garlic oil, cherry tomatoes, spinach and napolitana 28/30

**linguine vego**  
cherry tomato, mushroom, cream rose sauce, baby spinach (v) 21/23

## ADD ONS

bowl of veg 8  
side of mash 3  
creamy garlic prawns(5) 12  
boscaiola sauce 6  
chilli aioli 1  
plain aioli 1  
gravy sauce (Gf) 2

ALL MAIN SIZED MEALS SERVED WITH:

**CHIPS AND SALAD**  
**OR**  
**VEGETABLES AND POTATO**

## SPECIALS

**monday night**  
**chicken schnitzel**, chips, salad and gravy \$16

**tuesday night steak night**  
**250g rump**, chips, salad and gravy \$22

**wednesday night**  
**chicken schnitzel**, chips, salad and gravy \$16

**thursday night**  
**chicken parmy**, chips and salad \$22

*special nights not available on public holidays or special event days*

## SENIORS

**beer battered fish and chips**  
with salad, tartare sauce and lemon \$15

**half chicken schnitzel**  
with chips, salad and gravy \$15

**grilled fish and chips**  
with salad, tartare sauce and lemon \$18

**minute steak and chips**  
with salad and gravy \$15

**crumbed calamari and chips**  
with salad, tartare sauce and lemon \$15

**beef burger**  
with bbq sauce \$15

## KIDS MEALS

**cheese burger and chips -**  
**beef, cheese, tomato sauce**  
**chicken nuggets and chips**  
**chicken schnitzel and chips**  
**crumbed calamari and chips**  
**minute steak and chips**  
**spaghetti bolognese**

**\$10**

**please inform staff of any food allergies**

**(Gf)** gluten friendly when ordered with salad and or vegetables Gluten friendly options may come into contact with gluten when we prepare them

**(v)** vegetarian

**10% SURCHARGE ON PUBLIC HOLIDAYS**