



PRICES \$
members / guests

please order and
pay at the counter

BREADS AND STARTERS

garlic bread (v) 6

garlic bread with sweet chilli and cheese (v) 7

four cheese and chive

tasty, cheddar, mozzarella, and gruyere **(v)** 8

bruschetta with caramel balsamic **(v)** 12/13

a-grade sydney rock oysters

natural (Gf) with lemon 18/30

kilpatrick (Gf) grilled with bacon and worcestershire sauce 19/32

mornay baked with bechamel sauce and cheese

nam jim with fried garlic and coriander 19/32

bowl of wings 18/19 Choice of:

- franks hot sauce and ranch dressing
- crispy southern fried with chipotle aioli
- korean style with shallot and sesame

beer battered prawn cutlets with home made sweet chilli 18/19

wedges with sour cream and sweet chilli sauce 10/11

sweet potato chips with aioli 12/13

bowl of chips 6/7

NACHOS

toasted corn chips, tasty cheese, sour cream, guacamole and coriander salsa

beef nachos (Gf) 19/20

3 bean vegetarian nachos (Gf) 18/19

SALADS

add roasted chicken breast 6 | add grilled prawns 10

bowlo salad 16/17 - mixed lettuce, cherry tomato, cucumber, caramelised spanish onion, roasted sweet potato, persian feta with smoked chilli aioli **(Gf, v)**

greek salad 16/17 - mixed lettuce, cherry tomato, cucumber, capsicum, olives, feta, oregano, red wine vinaigrette **(Gf, v)**

caesar salad 16/17 - cos lettuce, bacon, parmesan, croutons, caesar dressing

BURGERS

all served with chips

add bacon \$2, egg, cheese, beetroot \$1 each

cheese burger 17/18

120g beef patty, double cheese, pickles, onions, yellow mustard, tomato ketchup

portuguese chicken burger 17/18

grilled portuguese chicken breast, smoked chilli aioli, lettuce, tomato, bbq onion

chicken schnitzel burger 17/18

homemade breast schnitzel, lemon dill aioli, lettuce, tomato, bbq onion

the bowlo mac burger 17/18 single 20/21 double

120g beef pattie, crispy cos, double cheese, special sauce

vegetarian burger 17/18

plant base patty, double cheese, pickles, onion, yellow mustard, tomato ketchup

FAVOURITES

chicken schnitzel

homemade crumbed breast schnitzel with your choice of sauce 22/24

add boscaiola sauce 4

gluten free chicken schnitzel

homemade crumbed breast schnitzel with your choice of sauce **(Gf)** 22/24

vegetarian schnitzel (Gf)

can be made vegan on request 20/22

chicken boscaiola

grilled chicken breast, sautéed bacon, mushrooms, shallots and creamy white wine sauce **(Gf)** 26/28

garlic prawns

sautéed garlic prawns with a cream reduction, shallots and jasmine rice **(Gf)** 26/28

crumbed lamb cutlets

3 southern prime crumbed lamb cutlets with gravy 32/34

bbq pork spare ribs

hickory smoked spare ribs **(Gf)** 40/42

roast of the day 20/22

PARMYS

crumbed chicken breast schnitzel with your choice of topping

traditional

sliced ham, mozzarella and napolitana sauce 26/28

four cheese

tasty, mozzarella, feta, parmesan, crispy bacon and napolitana sauce 26/28

mexican

mexican spiced beef, mozzarella, jalapeños, sour cream and guacamole 26/28

vegetarian

veg schnitzel, spinach, napolitana sauce and mozzarella **(V) (Gf)** 26/28

bowlo

bolognaise sauce and mozzarella 26/28

bbq

grilled bacon, smokey bbq sauce, tasty cheese 26/28

grilled

choose any parmy as above on grilled chicken breast **(Gf)** 26/28



PRICES \$
members / guests

please order and
pay at the counter

FROM THE OCEAN

grilled atlantic salmon fillet
with lemon and tartare sauce (Gf) 26/28

grilled humpty doo barramundi (Gf)
with lemon and tartare sauce 27/29

crumbed calamari
with aioli and lemon 25/27

salt and pepper tiger prawns
with sweet soy dipping sauce 26/28

beer battered fish of the day
with tartare sauce and lemon 22/24

fisherman's plate
beer battered fish, prawns, crumbed calamari,
tartare sauce and lemon 26/28

FROM THE WOK

Add chicken 6 | Add prawns 10

mixed veg stirfry
chilli, garlic, shallot, oyster sauce, five spice and
jasmine rice 18/20

vegan stirfry
mixed veg, mushroom, sesame and soy, jasmine
rice 18/20

FROM THE GRILL

with your choice of sauce
mushroom, pepper, dianne, gravy

rump
250g black angus (Gf) 24/26

new york
300g southern prime (Gf) 35/37

eye fillet
250g southern prime beef tenderloin (Gf) 38/40

PASTA

add roasted chicken breast 6
add grilled prawns 10

penne boscaiola
bacon, mushroom, garlic, shallot and cream
sauce 21/23

spaghetti bolognaise
beef and veal bolognaise 19/21

spaghetti with sautéed tiger prawns
chilli, garlic, shallot and soy 25/27

penne vego
cherry tomato, mushroom, cream rose sauce,
baby spinach (v) 18/20

ADD ONS

bowl of veg 8
side of mash 3
creamy garlic prawns(5) 10
boscaiola sauce 4
chilli aioli 1
plain aioli 1

ALL MAIN SIZED MEALS SERVED WITH:

CHIPS AND SALAD
OR
VEGETABLES AND POTATO

SENIORS

beer battered fish and chips
with salad, tartare sauce
and lemon

half chicken schnitzel
with chips, salad and gravy

grilled fish and chips
with salad, tartare sauce and lemon

minute steak and chips
with salad and gravy

crumbed calamari and chips
with salad, tartare sauce and lemon

\$15

KIDS MEALS

cheese burger and chips -
beef, cheese, tomato sauce

chicken nuggets and chips

chicken schnitzel and chips

crumbed calamari and chips

minute steak and chips

spaghetti bolognaise

\$10

please inform staff of any food allergies
(Gf)

gluten friendly when ordered with salad and
or vegetables Gluten friendly options may
come into contact with gluten when we
prepare them

(v)
vegetarian

10% SURCHARGE ON PUBLIC HOLIDAYS